

Lessons on Encouragement

Series: Lessons from Elijah Text: 1 Kings 19:1-13

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Sometimes we feel so depressed about our work and ourselves that we wish God would call us home. This has been called the “Elijah Complex,” and it can rob us of power and joy. In the New Testament, James says that “Elijah was a man with a nature like ours” (James 5:17). Today we’ll observe both the struggle of discouragement and the solution that brings encouragement.

Background

1. Discouragement comes when you F _____ what God did Y _____ because you’re looking at your C _____ today (vv. 1-3).
2. Discouragement comes when you F _____ on your circumstances (v. 4).
3. Discouragement comes when you start F _____ sorry for yourself (vv. 5-7).
4. Discouragement comes when our F _____ is depleted (vv. 6-9).

Thoughts on when the Lord shows up... (vv. 10-13)