

## **Antidote for Anxiety**

**Series: Sermon on the Mount, Matthew 6:19-34**

Pastor Gregg Cantelmo

November 6, 2016

Chapter six of the Sermon on the Mount moves from speaking about hypocrisy to the subject of anxiety. With clinical precision, Jesus outlines why we become anxious and then gives us a prescription to overcome it.

### **Relationship of hypocrisy and anxiety =**

#### **Jesus' Diagnosis:**

1. Having your treasure in the **W** \_\_\_\_\_ place

(vv. 19-21)

2. Thinking about life in the **W** \_\_\_\_\_ way.

(vv. 22-23)

3. Serving a master of the **W** \_\_\_\_\_ kind. (v. 25)

#### **Jesus' Prescription:**

1. Look at the **W** \_\_\_\_\_ of life. (vv. 25-26)

2. Look at the **F** \_\_\_\_\_ of life. (v. 27)

3. Look at the Lord's **G** \_\_\_\_\_. (vv. 28-32)

4. Seek **F** \_\_\_\_\_ the kingdom of God. (vv. 33-34)